

ABOUT THE BOOK

The middle childhood years are a unique developmental time when children undergo critical physical, cognitive, and social changes. There are substantial health issues in middle childhood which need increased focus. The book is based on the research work done by Dr. Nirja Singh, Principal, National P.G. College, Lucknow (U.P.) India, independently for the Minor Research Project entitled, "Middle Childhood Health among the Pasi of Lucknow District: A Holistic Study", under University Grants Commission aid. The research is the holistic study of middle childhood health among the Pasi Children of Lucknow. The Pasi are a scheduled caste of India. This study shall have important implications in the field of Anthropology, Nutrition and Growth, Medicine, Sociology, Social Work and Public Health. This research can play a critical role in response to global health challenges. The book shall help in understanding how access to health services can be improved and, more generally, how the supply of health care can be increased, as culture based interventions are known to have better success rate in improving access to and utilization of health services.

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Dr. Nirja Singh is presently working as Principal, National P.G. College, Lucknow. She has the teaching experience of more than three decades as Head, Department of Anthropology, National P.G. College, Lucknow, where she has started the P.G. courses. The prestigious University of Lucknow is her alma mater. Dr. Singh has conducted her doctoral research on a socially relevant subject, the problems of street children and their welfare. She has authored several books covering various field of anthropology, from introducing anthropology to the burning issues like street children, Parichayamak Manav Vigyan, Tulnatmak Nrijaati Vrittanta, Nanhe Haath, and Continuity & Change: An Interdisciplinary Understanding are some of her valuable writings. She has presented many research papers in different international and national seminars and conferences, and published research papers in renowned journals. Dr. Singh is presently contributing in scholarly world as convener or executive member in several academic and professional bodies. She is providing her expertise in various organizations and institutions. The author is specialised in social anthropology and her major areas of interest are emerging and applied fields of anthropology.

MIDDLE CHILDHOOD HEALTH (AN EMPIRICAL STUDY OF PASI CHILDREN)

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