

## A Study of Nanoparticles in Herbal Drugs

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### **Abstract:**

*In the world, Herbal medicine is unquestionably the most ancient system and widely used of medical science since olden periods and it's acknowledged by doctors and patients for their therapeutic worth as they have lesser hostile influences as equated with other current day medicines. This drug is used for the purpose to cure the disease and it have hundreds and thousands of ingredients that all come together in contrary to the diseases. In the market, most conventional pharmacognostical or pharmaceuticals products play a crucial role, they are originated from natural products (NPs) and their byproducts with herbal products. For transforming botanical materials into medicines, the herbal drug technology is used and it's important for quality regulation with appropriate incorporation of current scientific methods and conventional knowledge is important. The new pharmacognosy play an important role that comprises all the features of drugs advancement and detection, where biotechnology-driven applications are present. In this paper, discuss about the herbal drug, nanoparticles of herbal drug and its technology.*

**Keywords:** Herbal Drugs, Nanoparticles, Pharmaceutical Science

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**Introduction**

Herbal medicine is the ancient drug of health care acknowledged by mankind and it is an essential part of the development of modern civilization. This medicine plant-based formulation is based to alleviate diseases and these formulations are faced the most important challenges because of their lack of evaluation. This evaluation is necessary for the quality and purity of the herbal product. For every plant medicine, it is very essential to launch a method of assessment in the market, since the possibility for dissimilarity in dissimilar consignments of medicine is enormous (Khan *et.al* 2012).

From plant origin, use of aboriginal drugs builds a chief part of complementary and alternative medicine/traditional medicine (CAM/TM). For herbal medicine, exist world market that includes herbal products and raw materials have been assessed to have a yearly evolution rate between 5% and 15%. At the US, gross international herbal drug market is assessed at \$62 billion and by the year 2050, is probable to grow to the US \$5 trillion. One of the major segments of the traditional system of medicine is an herbal formulation that contributes enormously to the positive health of an individual (Joshi *et.al*, 2004).

Medicinal plants are now receiving more consideration than ever as they have the prospective of providing huge profits to society or undeniably to all mankind, particularly in the track of medicine. By decreasing the deadliness and the adverse influences of drugs at the same time, herbal treatment aids in increasing the calming value that it also increase the biodiversity. Nanotechnology plays a great role in this approach and the use of nanotechnology in herbal medicine and far more precisely in drug delivery is set to blow rapidly. For enhancing the activity, nano herbal drug delivery systems (NDDS) have a potential future and overcoming the problems associated by medicinal plants. To treat the dangerous disease like cancer, diabetes etc. to helping the herbal nano-carries. For the development of novel formulations, herbal medicines were not considered due to absence of scientific explanation and handling complications but scientific needs of herbal medicines (such as purpose of pharmacokinetics, site of action, mechanism of action, correct dose needed etc.) can be solved by modern phytopharmaceutical research that to be incorporated in novel drug delivery system

such as solid dispersions, solid lipid nanoparticles, nanoparticles, liposomes, micro-emulsions and so on. With enhanced efficacy, the herbal drugs can be applied in an improved procedure by integrating them into contemporary dosage systems. By designing novel drug delivery systems, this can be achieved for herbal constituents (Yadav *et.al* 2011).

Within native or provincial remedial practices, naturally occurring drugs which are the traditional herbal medicine that is plant-derived constituents with minor or no industrial handling that have been used to cure sickness. In global health debates, conventional herbal medicines are receiving noteworthy attention.

**Table 1: Existing Traditional Medicinal Systems in Different Countries (Banerjee and Mitra, 2012)**

Country	The traditional system of medicine
India	Ayurveda, Siddha
China	Chinese Herbal medicine
Japan	Kampo
Korea	Hanbang
Pakistan	Indusynunic
Middle East	Islamic, Unani
Europe	Aromatherapy, homeopathy, botanicals, and herbalism
USA, Australia	Western Herbal medicine
Africa	Many traditional medicine systems used by numerous tribes like Muti, Ifa etc. and made operative by sangomas or inyangas, traditional healers etc.

Traditional herbal medicine plays an important role in China in the policy to comprise and cure severe acute respiratory syndrome (SARS). Conventional herbal medicine is used by the African populations at 8% and the universal annual market for these products reaches US\$ 60 billion in global health, much conventional herbal medicine study will play a perilous role. In traditional herbal medicines,

China, India, Nigeria, the United States of America (USA) and WHO have all made substantial research (Tilburt and Kaptchuk, 2008).

When techniques were developed to produce a synthetic replacement for many of the medicines by arranging the pharmaceutical companies that had been derived from the forest. New pioneering or indigenous therapies are developed by the pharmaceutical efforts which are also developed the uniqueness of plant-based drugs (herbal remedies). In the pharmaceutical organizations, wide-range in structural diversity and spacious series of pharmacological and pharmacognostical activities contained by the natural product. In the market, several of the most significant SNPs and their derived active components are present of pharmaceuticals industries that include lovastatin (anticholesterolemic), cyclosporine-A, doxorubicin (anti-cancer), paclitaxel, streptomycin, tacrolimus (immunosuppressive), erythromycin and amphotericin-B (fungicidal). From the plants, many drugs had been extracted as their active components for tearing various disease such as Atropine, Quinine, Colchicine, Aspirin, Digoxin, Salbutamol, Bromelain and Morphin etc (Yadav *et.al* 2011).

The action of herbal medicines relies on the complete utility of a variability of dynamic components, as all the elements offer synergists

action and therefore improve the healing rate. Every function plays an essential role which is related to each other that possesses the insoluble character which is resulting to lesser bioavailability and increase systematic approval necessitating repetitive administration or higher dose, which lets the drug to be a minor candidate for the use of treatment. Nano-dosage forms (Polymeric Nanoparticles) are developed in phyto-formulation research that includes Liposome, Solid Liquid Nanoparticles (SLNs), Proliposomes which has greater number of advantages for herbal drugs that are improvement of bioavailability and solubility, improvement of pharmacological action, safeguarding from venomousness, improving tissue macrophages dissemination, improvement of constancy, protection from physical and chemical degradation and sustained delivery etc. For improving the activity and overpowering issues that are connected with plant medicines, nano-sized drug delivery systems (NDDSs) of herbal drugs have potential future. In traditional medicine system, integration of the nano-carries as an NDDS that is essential to conflict more chronic disease such as cancer, asthma, diabetes and so on (Ansari, Islam, and Sameen, 2016).

The scientist has been developed various herbal nanoparticles delivery systems that are as follows:

**Table 2: Various Herbal Drug Nanoparticles (Sachan and Gupta, 2015; Yadav, 2011; Ansari, Islam, and Sameen, 2016)**

Formulations	Active Ingredients	Biological Activity	Method of Preparation
Curcuminoids solid lipid nanoparticles	Curcuminoids	Anticancer and antioxidant	Micro-emulsion technique
Berberine-loaded nanoparticles	Berberine	Anticancer	Ionic gelation method
CPT-encapsulated nanoparticles	Camptothecin	Anticancer	Dialysis method
Artemisinin nanocapsules	Artemisinin	Anticancer	Self-assembly procedure
Taxel-loaded nanoparticles	Taxel	Anticancer	Emulsion solvent evaporation method
Nanoparticles of Cuscuta Chinensis	Flavonoids a lignans	Hepatoprotective and antioxidant effects	Nano-suspension method

Glycyrrhizic acid-loaded nanoparticles	Glycyrrhizic acid	Anti-inflammatory, antihypertensive	Rotary-evaporated filmultrasonication method
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**Need for Nano-Sized Delivery System for Herbal Remedies**

In human, animal, plants, and microorganisms, pharmaceutical drug discovery acquired an immense increment although together with natural products pharmacologists, biochemists, chemistry, and microbiologists commenced unraveling the chemistry of natural progressions. Many elements of herbal drugs will be damaged in extremely acidic pH of the stomach and by the liver, other elements might be metabolized before reaching to the blood. It gives a result that may not reach to the blood of optimum amount of herbal drug that means do not extent to the infested area by the exact amount of the drug. At ‘minimum effective level’, the drug does not reach in an optimum quantity to the diseased area due to which not show the therapeutic effect of the drug. The optimum amount of drug is carried by the nano carriers that is applying to herbal remedies to their site of action by passing all barricades such as liver metabolism, acidic pH of the stomach and escalate the extended exchange of the drug into the blood because of their tiny size. In the traditional medicine system, incorporation of the nano carriers as an NDDS that is crucial to struggle with more enduring disease like cancer, diabetes, asthma and so on.

The drawbacks of traditional herbal drug transfer systems overcome by the nano-sized herbal delivery system that was selected. It contains some reasons that are as follows:

- To improve the selectivity, effectiveness, drug delivery, and safety by using the nanoparticles that can be used to target the herbal medicine and it reduces doses and increase patient compliance.
- To increase the herbal drug solubility by using nanoparticles and aid to restrict the drug in a precise location thus resulting in healthier efficiency.
- To transport high concentrations of drugs to disease spots by appearing of nanoparticles because of their exclusive size and high loading volumes.

- In tiny particles size, delivering the drug that helps the complete surface area of the drugs, therefore, assigning faster suspension in the blood.
- It shows Enhanced Permeation and Retention (EPR) effect.
- Decline the adverse effects.
- To the disease site of action, exhibits passive targeting without the addition of any particular ligand moiety (Ansari, Islam, and Sameen, 2016; Sachan and Gupta, 2015).

**Types of Nano-pharmaceuticals**

**Polymeric Nanoparticles**

With particle size, nanoparticles refer to colloidal systems ranging from 10 to 1000nm. Polymeric colloidal spheres refer to as the polymeric nanoparticles that are very small in size (10<sup>-9</sup>m) and at their surface, it has the ability to entrap the drug within the matrix or adsorb or conjugate. From the matrix, the release of drug from nanoparticles that occur through the diffusion and erosion. On the surface, some particles adsorb the drug that shows the fast release of drug from other particles. In the formulation, both natural and synthetic polymers take part and in the pattern form, polymers are used that are categorized into two parts biodegradable and non-biodegradable polymers. The biodegradable polymer is degraded into the body and does not have any further toxicity. The natural polymers are dextran, gelatin, and chitosan and synthetic polymers are poly (anhydrides), poly (esters), poly (amides).

For many years, polymeric micelles are the point of attraction for many scientists due to which control their property and pharmacological characteristics. Polymeric micelles are amphiphilic, the inner core is hydrophobic and the outer shell is hydrophilic and manufactured by assembling both hydrophilic groups are placed in the water. The solubilizing lipophilic material is capable for hydrophobic core and between the hydrophobic core and external aqueous environment that is allocated for a hydrophilic shell. From immune system, hydrophilic

shells are prevented and raise the longevity of the drug into the blood. These micelles are 20-100nm in size and low polydispersity index and it also contains lower critical micellar concentration (CMC) and higher stability. Poly ethylene oxide, poly ethylene glycol consist of the hydrophilic shell (Sachan and Gupta, 2015; Yadav *et al.*, 2011).

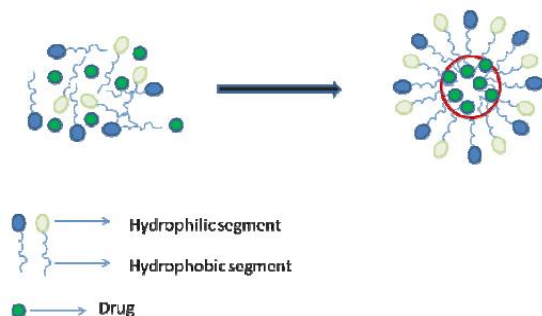


Figure 1: Polymeric Micelle with Drug

**Metallic Nanoparticles**

Iron oxide nanoparticles (15-60 nm) are metallic particles that consist of super paramagnetic agents covered with phospholipids, dextran or other compounds which inhibits accumulation and upsurge the consistency and used as an active and passive directing proxies. Nano-sized metals are described by metal nanoparticles with the dimension (length, width, and thickness) range between 1-100nm. For preparing metallic nanoparticles, consists of various liquid phase methods such as sol-gel, chemical reduction and reversed micelle. With spherical shaped and size are continuously produced the Nobel metal nanoparticles by using chemical reduction methods.

Due to characteristic features, metal nanoparticles are widely used and these features such as large surface enhance provides specific electronic structure between molecular and metallic states and progress a huge quantity of low coordination spots. It can be used in gene and radionuclide delivery, therapeutic drug, radio frequency method for the catabolism of tumors through hyperthermia, magnetic separation of labeled cells and other biological stuffs and difference improvement mediators for magnetic resonance imaging (Chakraborty, Shivakumar and Ramachadndran, 2016; Sachan and Gupta, 2015).

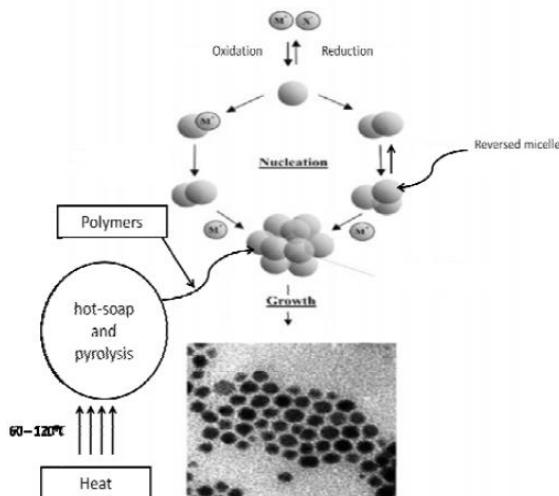


Figure 2: Preparation of Metallic Nanoparticles Solid-Liquid Nanoparticles (SLN)

Solid-liquid nanoparticles are developed in the early 1990s that are the colloidal carrier systems which syndicate the benefits of other colloidal systems (such as liposomes, emulsions, and polymeric nanoparticles) for drug delivery but it minimizing or avoiding some their drawbacks. SLNs are produced on a large scale that has higher physicochemical stability and gives protection against degradation of labile drugs. It contains the particle size 50-1000 nm and includes biodegradable physiological lipids and stabilizers. At room temperature, SLNs are based on solid lipids that are melting emulsified nanoparticles. Mitoxantrone is prepared by using the SLN for breast cancer and its lymph nodes metastases. By high-pressure homogenization, tetracaine, etomidate, and prednisolone were also integrated of aqueous surfactant solutions. 100% burst drug which was endorsed to improve in the shell of particles contained in the tetracaine and etomidate SLN that release in a minute but prednisolone SLN shoed the reverse result of both drug (Sachan and Gupta, 2015; Yadav *et al.*, 2011).

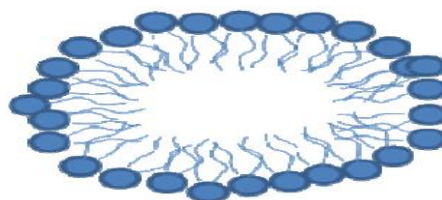


Figure 3: Solid-Liquid Nanoparticles (SLNs)

## Magnetic Nanoparticles

With the number of different compositions and phases, magnetic nanoparticles have been synthesized that includes pure metals like copper, nickel and iron, metal alloys such as CoPt, FePt. The magnetic particle size of approximately 3 nm by using magnetic nanoparticles that can be obtained. Combustion synthesis, microemulsion, colloidal method, sonochemistry, thermal decomposition, solvothermal, coprecipitation and hydrothermal method are various methods that have been used in magnetic nanoparticles. In bio separation, magnetic nanoparticles have some key applications where the conjugated of target biomolecules and with specific receptors, magnetic nanoparticles are functionalized, forms complexes and by applied magnetic field can be easily attracted and extracted from the pristine mixture. For bioseparation, it provides the convenient and time-saving approach as compared to the conventional method such as filtration and centrifugation. This technology can also be used in magnetic resonance imaging, biosensing, and hyperthermia and drug delivery (Chakraborty, Shivakumar and Ramachandran, 2016).

## Review of Literature

**Joshi *et al.* 2004**, concluded the botanical materials into medicines are converted by using the technology of herbal drug where the importance of calibration and quality regulation with the appropriate incorporation of knowledge and techniques. To standardize the botanical preparation by using the chromatographic techniques and marker compounds that has limitations because of their chemical complexity and variable sources. For authentication of plant species, widely used DNA techniques have been used that have medical importance. For improvement of curing the disease, development of new pharmacognosy with the development and discovery of new aspects of the drug.

**Tilburdt and Kaptchuk 2008**, in conventional herbal medicine study, increasing the investment of Governments, international agencies, and corporations. For medicinal to universal conventional herbal medicine study, applying the concepts in a comprehensive ethical framework. Favorable risk-benefit ratio, scientific validity, and social value, are three key in which specific problematic queries ascend for global herbal medicine study. In defining the notions of favorable risk-benefit ratio, social value, and scientific validity

are significant challenges that across international research collaborations. In international herbal medicine, have ethical challenges that concerted corporation comprising independent negotiation which can and should be resolved.

**Oyetayo 2008**, in the last one decade in Nigeria, increasing the use of herbal remedies which would lead to the manufacture of herbal yields with fake assertions. The curing of microbial diseases by using the microbial quality and antibacterial assets with the efficacy of two Nigerian herbal remedies. To discover the herbal therapies that to be adulterated with microorganisms such as *Bacillus coagulans*, *Basidiobotrytis* species, *Articulospora inflata*, *Bacillus subtilis*, *Bacillus cereus*, *Varicosporium* species and *Oedocephalum* species. Killing rate disclose by analysis antibacterial that the herbal therapies had a bacteriostatic and a non-bacteriocidal effect.

**Osemene, Ilori and Elujoba 2012**, in this study, due to myriads, pharmaceutical research and development in herbal medicine are not fully developed in Nigeria. By applying the appropriate strategies, improvement of research and development process that can be highlighted by the respondents.

**Khan *et al.* 2012**, dictated that lack of complete evaluation have the most important challenges that are faced by herbal formulations and to ensure the quantity and quality of the herbal product, necessary the evaluation. Various parameters were tested for the evaluation of the capsule that containing the poly herbal crude drug. For finished products (hard gelatin capsule), using the formulation parameters and parameters that include disintegration time, uniformity of weighing and other quality control test were performed. For marker compounds, individual drugs, and finished product, using the HPTLC and DSC.

**Pandey and Pandey 2014**, stated that without the supplement of a definite ligand, nanotechnology has the quality of self-targeting in the sense and due to their distinctively small size, it can be used for targeting at the infected pathological areas. Battered drug delivery nanoparticles that is the newest accomplishment of nanotechnology used for the treatment of chronic disease like cancer. For bioavailability, using the application of nanotechnology methods to the improvement of herbal drugs by examining the relationship between

nanotechnology and biological medicine. The development of non-herbal drugs with the application of nanotechnology of randomization of herbal drugs that own high bioavailability which will expose the new era for the discovery of herbal drug.

### Conclusion

Herbal drugs have been more used to treat to all disease that has several problems such as poor

bioavailability, instability, solubility, low oral absorption and unpredictable toxicity of herbal medicine. In worldwide, different kinds of herbal medicines are traded in a market that is derived from Indian herbs, Western herbs, Chinese herbs and Arabic herbs. In drug delivery system, growth of herbal therapies in a number of institutes that have been carried out at basic and clinical trial levels. For cancer drug delivery, the concept of herbal nanoparticles may also be fascinating.



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