



Academic Journal of Psychological Studies ISSN UA | Volume 01 | Issue 01 | January-2019

# Interrelation between Criminal Behavior and Psychology

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### Available online at: www.xournals.com

Received 24th August 2018 | Revised 6th October 2018 | Accepted 10th December 2018

### Abstract:

Criminology is a branch that deals with different set of information like crime, criminals and their punishments. Many questions have been raised what are the factors that initiate the person to commit the crime or unlawful activities. For finding the answer of this question, the psychologists worked and suggested that the psychology or thoughts the person are responsible for the commission of crime. Although the environmental factors are also contribute in the criminal activities. This paper discussed about the crime, criminals and their psychology that affects their actions. The paper majorly concerns on the factor that inferences both the criminal behavior and its related psychological theories. The chief concern is to discuss about the mental stability connecting the health problems and the behavior of criminals that will alter the mental thinking of a person with respect to the connection towards criminal activity. The paper basically review on the different working and collection of the information conducted on the basis of relationship between psychology and criminal behavior as well a show how psychology is interlinked with the criminal behaviors. It also covers the different emotion aspects which once created the psychological imbalance and pushed person's psychology towards criminal act i.e. both the purpose of protection and revenge.

Keywords- Criminology, Psychology, Psychological theories, Criminal behavior

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#### Introduction

Criminology is a field which is defined as the scientific study of crime including criminals and penal treatments. In one textbook of criminology, Sheley gives the definition of criminology in narrow terms "the scientific study of crime as a social phenomenon".

Psychopathology is defined as our understanding, knowledge, and study of disorder, illness, dysfunction of mental process that control by the person. The word 'psychopathology' came from the Greek 'Psyche that means mind or soul and Pathos means suffering, emotion, feeling and calamity and Logia means to speak. The word 'logia' is the suffixes i.e., logy that is 'study of' or 'science of'. The theories of psychology impact the thinking of society about crime and delinquency. There are many psychological theories i.e., learning theories, personality theories, intelligence theories, theories of psychopathy and cognitive and developmental theories.

A powerful tools for understanding the human behavior are provided by the evolutionary psychology. In the human behavior, criminal conduct and reactions to the criminal conduct are involved. As per the evolutionary psychology, human conduct which may be criminal or other is the outcomes of the psychological mechanisms with the involvement of environmental activities that activate or spot their actions.

Criminal conducts like assault, robbery, murder and rape have the subset of human conduct. This behavior occur at serious rate in all known nations in expectable way. These types of criminal behavior are seen more in males rather than females and increased when male enter reproductive competition. For many decades, many questions have been raised as which type of people become criminal? What determinations push an individual to commit a specific type of crime? The answer of these questions are given by the psychologists. Some psychologists argued that it is because of the genetic behavior that leads to the criminal behavior while some suggested that the major factor in criminal behavior is environment in which people live.

#### **Types of Criminals**

The criminals (law breaker) are categorized into five types:

- **1.** The normal man who engaged into crime by overwhelming external circumstances.
- **2.** The irresistible urge is carried out by a normal person.
- **3.** The criminals have neurotic behavior because of the irresistible and unconscious forces and their behavior are unknown to them as well as the criminal characteristics is considered as foreign to his character from which he must go through troubles.
- **4.** The actual criminal who egotistically define himself on the bases of offending activities in which he delivers the kind of attitude which is anti-social.
- **5.** The criminal group have the different behavior from the result of organic illness or mental deficiency.

#### **Criminality as an Element of Personality**

It is necessary to differentiate between the criminals and normal people on the basis of behavior as they possess certain character traits. The criminals are called as psychos- especially in the newspapers and films. And this kind of person (having criminal behavior) is known as psychopath and these is developed by the psychologist which help us to understand the personality's different types. Not all, but most of the criminals have same features of personality. As we know there are many factors which affect personality and leads to the criminality but psychological element is unique to criminal activity. The psychological traits of offenders provides the quantifiable difference among them and us. The criminal is defined as the law-breakers and another breed of human.

"The behavioral features containing unlawful act are not particular to offender different from other human behavior".

#### **Crime and Behavior**

Behavior is generated from the thinking of person while the personality is a factor which makes a person. A persons have a look of criminal as the thoughts of person make them criminal. The pattern of abnormal thinking leads to the commission of crimes by criminals, said by the psychoanalyst at the hospital of Elizabeth. The similar thought pattern was observed by Samenow and Yochelson researchers in the crime. In these thought pattern, fail to develop empathy, constant lying, loving someone for doing what they want, blame others, expect their desires to be provided to them and black and white thinkers. According to the California Psychological Inventory, the criminals are not responsible for their action, and intolerant because of the deficiency in self-control.

#### **Criminology and Psychology**

The small relationship was seen between the criminological thinking and psychology, after that psychologists researched on the calculation of IQ and mental age of the criminals and delinquents. Many psychologists researched new but not sufficient theories to the reformatories and prisons **population** and found the correlation between feeble mindedness and criminality. Through their discovery, they concluded the definite solution of the crime cause.

The suggestion was made as the low intelligence cause the commission of crime. While some investigation had a result that show the low consistency between crime and feeble-mindedness by which no interference can be drown.

#### Crime by Criminals and their Punishments

There are many types of crime which depends on the severity and on the basis of the severity of crime, the punishment is decided. The crime is categorized into three;

- 1. Summary a minor crime, punishment is only monetary fine and jail for short period.
- Misdemeanors it is crime which is not serious, having low intention to kill or harm to society or even any specific victim.
- Felonies most serious crime, having intention to kill, grievous injury and sentenced to jail for long time.

The differentiation between the misdemeanors and felonies are depends on the penalty as well as control of imprisonment.

#### **Review of Literature**

Sikand and Reddy (2017), discussed about the raise in the criminal activity in India and focus on the examination social and psychological aspects that indulge in the growth of behavior of criminal in Indian context. In the study the author discussed about the criminal behavior in contrast of the revealing no significant difference in personality trait having criminal record to the one who don't have. It basically shows the vital role of the interactional effect which is imperious to recognize the characteristics like social support, individual characteristics, and socio-economic status effect altogether in a manner of influencing towards criminal behavior. This paper basically aims to provide not only on the dependence of individual level but also worldwide. The paper also highpoint the role of professionals and counsellors in threat prevention and supporting the children so that they can't shift towards engaging in any irrelevant behavior.

Guia (2017), detailed about the connection crime and settlement that place a principal point consideration as the initiation of the 20<sup>th</sup> century resulting the large-scale immigration of migrants in the Chicago outskirts. The analysis was done on the basis of violent crimes like robbery, murder, rape and many more. The paper discussed about that there should be more research in the field of direction of violent crimes and the related mental health issues. These research are done on the basis of assumption that there are amount of issues regarding behavioral and psychosocial that are basically analytical to viciousness but at the same time controllable. In the present work, no particular variation were observed among foreign national convicts and Portuguese in the relation of discussion regarding psychological disturbances and mental health factors.

Buss (2012), focused about the a very important aspect of psychology i.e. evolutionary psychology which basically gives a strength dependent tools for the purpose of understanding the behavior of human with the connection of responses towards the behavior of criminal. Dealing with all the related mechanism of psychology that be a connection with all the underlying leading with behavior of criminal and its related reactions. It is also instructed in the paper that the evolutionary analysis which reflect same experiential value relating crimes like malemale violent assault, prostitution, homicidal and majorly sexual harassment. Also discussed about the traditional culture which basically shows absence of legal factors, jails, juries etc. and hence the sufferers having abusive approaches had to take care of oneself and as well as dependent on their friends,

relatives and for the purpose of revenge and protection.

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Moore (2011), stated about the numerous different types of psychological theories and helpful in dealing with the crime as well as felony. The review of the paper focused on the categorization of around five extents i.e. intelligence theories, psychopathy theories, learning theories, cognitive theories and socially developmental theories. Each and every theories have different implementation on the persons. The connection between felony and intelligence are secondary and facilitated majorly on the performance of school. The present paper focused on the theories regarding the both felony any crime and hence emphasis to individually motivated interferences that might not be helpful in proper consideration of account the social effects both class and race. It also deals with the policy makers which require to consider both social as well as personal factors. The impacts of all the five categories of theories of psychological aspects which deliver conceptual as well as methodological assessments experiment in the connected research.

Anderson, Cesur and Tekin (2012), stated about the relationship among the behavior of criminal and mental stability as well as related health problems. The paper focused on the depression at the time of adolescence or youth and covering the chances of them involving in various types of criminal behaviors with the support of National Longitudinal Study of Adolescent Health. The present analysis decipher the depression occurred both the adult criminality and childhood depression. The paper also discussed about the evaluations that offer the least dependent economic cost of the property crime connected with the depression of adolescent in around 219 million dollar every year. The study deliver a strong maintenance for both the casual and positive connection among depression at the time of youth and promising property crime at the time of adulthood. Furthermore conclusively the results compare both the persons who attend similar school and the one who are with relation to them. It also emphasis on the working of police which prepared to decrease the depression at the young age and consisting very less profits towards the behavior of criminal.

#### Conclusion

The psychology and criminal behavior is a lot more interconnected with each other. The present study focus on the different aspects on which the person incline towards the criminal activity and other related illegal activities. It emphasis on crimes, crime and moreover their psychological factors that basically alter and affect their actions. The paper reviewed about the mental stability of an individual which push them towards the criminal activity whose outcome proof to be harmful publically or personally. It is found to be important to diverse the criminals with that of the normal individual and hence in the manner the criminals are regarded as pyschos and the one constituting the criminal behavior is known as psychopaths. Hence the paper basically let to clear about the different psychological factors of criminals so that they can easily identified and can be handle and treated well to decrease the different criminal activity increasing day by day in the country.

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