

Recognizing Suicidal Tendencies through Hand Analysis

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Abstract:

Suicide indicates the main category of avoidable death in many countries and communities. Suicide is dramatically different, as its causes. In most cases, there's no single cause, but rather a large number of contributing factors. Suicide, addiction, and depression have an in-depth and interconnected relationship with one another. Depression and drug abuse associate to make a spiteful circle that each one too often ends up in suicide. Many of them who experience such severe depression commonly address drugs, alcohol, gambling, and other risky behaviors to numb their pain and/or alleviate their adverse feelings. The key objective of this research was to provide the prior identification of suicide tendencies of a person through hand analysis. Obtaining two types of clear handprints who already attempt suicide several times. Also studied the hands of people who fall victim to suicide. Examined the handprints. Their numerous aspects were observed under four main streams. Findings can help to speculate about how the death occurred. For example, murders are often made to resemble suicides. Sometimes if the antagonist is shrewd enough, suicide can be staged to look like a homicide. Hands of people who fall victim to suicide denote drooping headlines or abnormal headlines, many crisscross lines over the palm area, dark spots, and abnormal finger lengths very commonly. Dermatoglyphic results and the elemental texture of the friction ridge skin show a major connection between preferred suicide methods. Results showed that suicide completers had considerably higher scores on the personality dimension of introversion. Also, those with a drug abuse disorder are most expected to aim suicide at some point in their life. The results will help mental health professionals to more accurately assess and diagnose any underlying mental health concerns so that they can be properly treated.

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Introduction

The science of Hand analysis is mesmerizing. It almost expresses everything in human life. The lines on the palm area predict many events within the lifetime of an individual. Most of the individuals who have suicidal feelings don't continue to make suicide attempts. But suicidal feelings are considered as a risk factor. Suicidal ideation is usually related to depression, unhappiness and other mood disorders. Nevertheless, it can be associated with many other mental disorders, life events, and family events, which can increase the danger of suicidal ideation (**Ilgen and Kleinberg, 2011**). The headline which echoes the line of life, running in an exceedingly deep curve towards the middle of the wrist has always been taken as a strong indication of suicidal tendencies (**Benham, 1901**). Certainly, such a line would only be found on an individual who is extremely dominated by imagination. That person is completely out of touch with reality. Most of the time it is accompanied by the tendency to depression and a powerful desire to escape from life. Usually, it's been considered that an individual who commits suicide is a sensitive or sentimental sort of an action (**Gettings, 1967**).

Methodology

Obtained handprints of people who were attempted suicide several times. Taking prints was done by two types. The first type of print was taken by using fingerprint ink CAT. NO. 231T (manufactured by SIRCHIE fingerprint labs, ink. 100 hunter place Youngsville, NC 27596 USA). The Second type of print was taken by a DSLR camera. In addition, it included a record of personal information. Examined the handprints. Numerous aspects were observed under four main streams. By contrast, results were compared with their behaviours and emotions. Finally, all the results were classified.

Results and Discussion

Suicide isn't a mental disease in itself, but a significant potential consequence of the many mental disorders, particularly major depression. Rates of suicide attempts are highest in teens, young adults, and the elderly. Although women are more likely to try suicide, men are more likely to achieve success. In many cases, suicide can be prevented. The research proposes that the simplest way to prevent suicide is to understand the danger factors, be aware of the signs of depression and other mental disorders, recognize the warning signs for suicide, and take action before the person can far-reaching the method of self-destruction.

A. Chirognomy

- Pointed fingers
- The hand will be a long and narrow hand, often with long tapering fingers
- The first phalange of the middle finger will be longer than the other two phalanges
- Prominent mount of Saturn
- An elevated lower mount of moon and sometimes star on it.
If their depression involves relatives, sexual partners, or parents the little finger stands apart from the other fingers when the hand is spread open.
- A twisted or distorted pinky finger, usually hereditary, consider as an indication of lying and trickery. When fingers show a marked twist or distort they're an emblem of defeat, their owners tend to approach life in a wrong way and avoid facing facts. They are inclined to be evasive, suspicious, and, unduly cautious and appear unable to follow a straight path. They lack inner harmony. They hardly achieve anything worthwhile in life. If they do reach a measure of success, it's usually because of underhanded and devious means. They tend to be immoral and deceitful.
- A person of overdeveloped Mount of Jupiter seldom commits suicide, except when deeply humiliated in his overwhelming pride; instead he, a person of enjoyment, feels that his sensual satisfactions are about to vanish.
- A person of the predominant Mount of Saturn will throw himself from a high place or choose suffocation by gas, coal damp, etc.
- Upper Mount of Mars will induce the bearer to use the revolver, the dagger, or the razor to cut short the thread of life.
- A predominant Mount of Mercury inspires an individual to the thought of suicide by poison. This is not unusual with an exaggerated Mount of Saturn.
- An exaggerated Mount of the Moon will induce its bearer to have recourse to drowning to free himself from the burden of existence.
- Neither the Mount of the Sun nor the Mount of Venus inspires any desire for suicide. An individual who has an outsized Mount of Sun is just too keen on life and a predominant Mount of Venus supplies the owner with a vast supply of consolation in the dark moments of life.

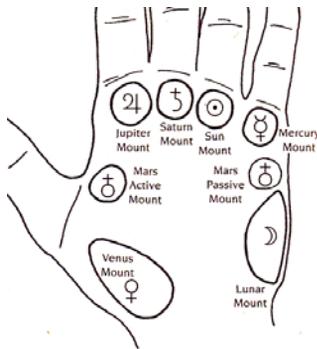


Figure No. 1: Mounts of the Palm

The exaggerated prominence of any of these Mounts is not evidence of a tendency to suicide; this tendency must be confirmed elsewhere in the hand, or rather in both hands. But when the evidence is beat and its weight is sufficient, then the Mount will tell us the probable mode of suicide toward which the subject has an inborn inclination (Arpentigny, 1886).

B. Chiromancy

- The headline will sweep downward in a deep curve which parallels the lifeline
- Headline sloping strongly toward the mount of the moon
This indicates a strong and fertile imagination. The person with this type of headline has tended to live in a dream world, where small problems can develop into a major crisis. If the line is broken, then it denotes suicide fantasies.
- Ring of Saturn with a star on the mount of the moon and a great number of lines crossing the lifeline.
- A broken girdle of Venus (*This indicates that the individual is experiencing agitated depression and difficulties in their private life.*)
- The lifeline in the palm is too short on both hands
- Numerous bars cutting the lifeline
- Headline closely connected to the lifeline
- Islands on the line of the sun

The headline goes down on being parallel towards the mounts of the moon is a sure sign that the person will commit suicide at some point in life. This tendency will be worse if the person has a philosophical hand. Sometimes it is also seen that the headline has joined together with the line of life. Then the tendency towards suicide will be high since the person becomes more sensitive when he is having a drooping headline.

People with long hands are more prone to commit suicide than people with shorthand.



Figure No. 2 A: Positions of Headline and other Lines on Palm of a Person

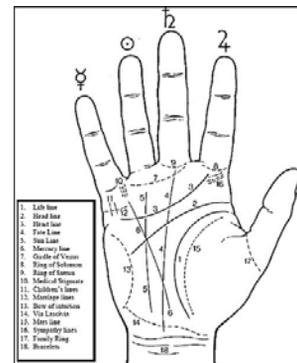


Figure No. 2 B: Who have Suicide Tendencies vs. Normal Hand Line Positions

- ❖ Information about preferred suicide methods is important for devising strategies and programs for suicide prevention. Also, suicide patterns depended on the type of friction ridge skin and the main position of mounts of the hand. It is necessary to bear in mind that one hand sign is not enough as evidence of a tendency to suicide.

C. Dermatoglyphics

- Missing c triradius (Cummins and Midlo, 1961)
- The pattern on the mount of the moon (Wolff, 2009)

The skin texture is an assessment of the overall consistency of the skin and its underlying tissues of the hand. By palpation of the skin, four different consistencies can clearly recognize corresponding to the qualities of the four elements. The elemental texture of the skin describes how an individual receives stimuli and responds to impressions of the

environment. There are two ways to determine the elemental quality of the skin. The first is by direct palpation of the skin. Secondly by understanding the impressions made on paper by applying ink. In a handprint, the different skin textures reflect different degrees of space between papillary ridges. The space between ridges of the skin represents elemental skin textures accordingly.

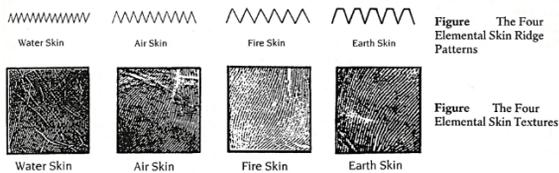


Figure No. 3: The Four Elemental types of Friction Ridge Skin.

- The water element represents liquid, fluid, solvent, deep, wet icy, soaked, formless, unstructured, reflective, scalding, misty, wavy things.
- The air element represents invisible intangible, transparent, light, gases, and expansive, bubbly, calm, changeable, pleasant, chilly, windy things.
- The fire element represents direct, energizing, stimulating, vivid, sharp, rapid, volatile, consuming, warm, burning, hot, and vigorous things.
- The earth element represents massive, solid, concrete, material, dense, fundamental, natural, rough, metal, stable, or basic things.

The spectrum of elemental qualities has a connection with our material world. Philosophers have derived these insights since ancient times. Our imagination grows according to these elemental influences. When this theory was applied to this research I have found a significant connection between preferred suicide methods. For example, to explain this idea see below case example figure 07. The hand has fire skin. She is an unmarried girl with having severe family pressure on her. She had faced long-term severe depression and smoking addiction badly. She attempts repeatedly suicide by taking pills. She used consuming suicide methods. In the same way, I found this connection theory in 95% of my case studies.

D. Hand Gestures

No hand gestures were identified which indicate suicidal tendencies. But after suicide few gestures can be seen significantly. The hands are clenched can be seen, especially in violent hanging. But if it's doing by as a sacrifice then hands will be open like figure 04.



Figure No. 4: Hand gesture of Self-surrender

Cadaveric spasm is also referred to as postmortem spasm. (Other various names that describe the same gesture - instantaneous rigor, cataleptic rigidity, or instantaneous rigidity). Usually, this gesture occurs within the hands and limbs of people who suffered a traumatic death. It has been argued that cadaveric spasm is probably going associated with high muscular exertion before death in especially intense emotional situations.

- ❖ **The common modes of death by suicide are drowning, hanging, shooting, poisoning, and jumping from heights, cutting off arteries, strangulation, drug overdose, vehicular impact, and immolation. It is seldom if ever, that one sign or mark has the power or cause destruction to anyone. A bad or dangerous sign merely indicates a particular tendency. It takes many characteristics in the hand to make a criminal.**



Figure No. 5: Cadaveric spasm in a drowning victim. The individual had grass from the river bank firmly clutched in the hand. It provides proof of life at the time of entry into the water.

We know it is not the weak-minded who generally commit suicide. On the contrary, they would not naturally be morbid or suicidal but are so sensitive and so imaginative that any trouble, grief, or scandal is

intensified and to kill or injure themselves gives them a peculiar satisfaction (Wolff, 1941).



Figure No. 6: A girl who attempted to commit suicide several times. (KKHA 144)

Headline ends and sharply bend towards the mount of the moon on both hands, fate line starts from mount of the moon on both hands, dark spot on the mount of Jupiter on the left hand, dark spot on the second phalange of the middle finger on the left hand, dark spot on the second phalange of the index finger on the right hand.



Figure No. 7: A girl who attempted to commit suicide several times (KKHA 286)

All main lines are not sharp. So many crisscross lines. The abnormal headline and islanded heart line on the left hand, short heart line and dark spot on the second phalange of the ring finger on the right hand denote disturb mind and emotions of the person

Conclusion

To prevent suicidal behaviour, it is important to better understand those personality traits associated with suicidal ideas and suicide attempts. Research shows personality dimension of introversion may be a risk factor for suicidal behaviour in depression. Apart from this higher neuroticism tendency is further associated with high-risk individuals.

Comparatively less attention has been given to suicidal behaviour in lesbian, gay, bisexual, and transgender (LGBT) populations among different societies (Haas *et al.*, 2011). There is a limited understanding of which dimensions of sexual orientation are most likely to have suicidal tendencies. Also, death records do not routinely include the victim person's sexual orientation. Because of these reasons, there is no official or generally reliable way to determine rates of completed suicide in lesbian, gay, bisexual, and transgender (LGBT) populations. In contrast to the data hand signs which denote suicide tendencies can be seen in a high percentage among lesbian, gay, bisexual individuals. They experience discrimination in the form of personal rejection, hostility, harassment, bullying, and physical violence. Especially powerful stress for these individuals is an association between parental rejections because of sexual orientation. Through this research, I have found a higher risk of suicide attempts and tendencies are present due to parental rejections.

Human sexual desire fluctuates over time. It's natural to go through different sexual phases in the life of every person. Low libido and discrimination can trigger feelings of depression. Ongoing relationship stressors are also a risk factor for suicidal feelings. Abuse of alcohol, drugs, or both, is also linked with an increased risk of suicidal tendencies or attempts (Zoroastrov *et al.*, 2009). There is an enormous connection between interpersonal stress, relationship issues, and suicide. Suicide tendency is a complex issue. Counsellors must do their utmost to ensure client safety and maintain client trust. The results of hand analyzing details help to address these sensitive issues very well. Hand analysis may help to give proper solutions to overcome this negativism. At the same time can see the positive outcome of counselling and therapies from changes of hand signs over time passing.

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